

EPIC Learners

Exploration

Evaluation

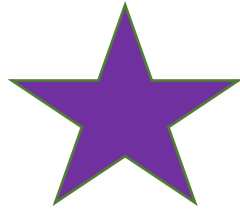
Perseverance

Independence

Challenge

Creative Thinking

Co-operation and
Collaboration



EPIC Awards

Exploration

Evaluation

Perseverance

Independence

Challenge

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Co-operation and
Collaboration

Year 3



16.10.23

Expanded column method

221

| H | T | O | |
|---|---|---|----------------|
| 1 | 0 | 1 | → 100 + 10 + 0 |
| 1 | 0 | 1 | → 100 + 10 + 0 |
| 2 | 2 | 1 | 200 + 20 + 1 |

✓ ⊕

323

| H | T | O | |
|---|---|---|----------------|
| 1 | 1 | 1 | → 100 + 10 + 1 |
| 2 | 1 | 2 | → 200 + 10 + 2 |
| 3 | 2 | 3 | 300 + 20 + 3 |

✓ ⊕

dependance!

| H | T | O |
|----|----|-------|
| 00 | 00 | 00000 |
| 00 | 0 | 00 |

300 + 40 + 5 = (345) 557 ✓

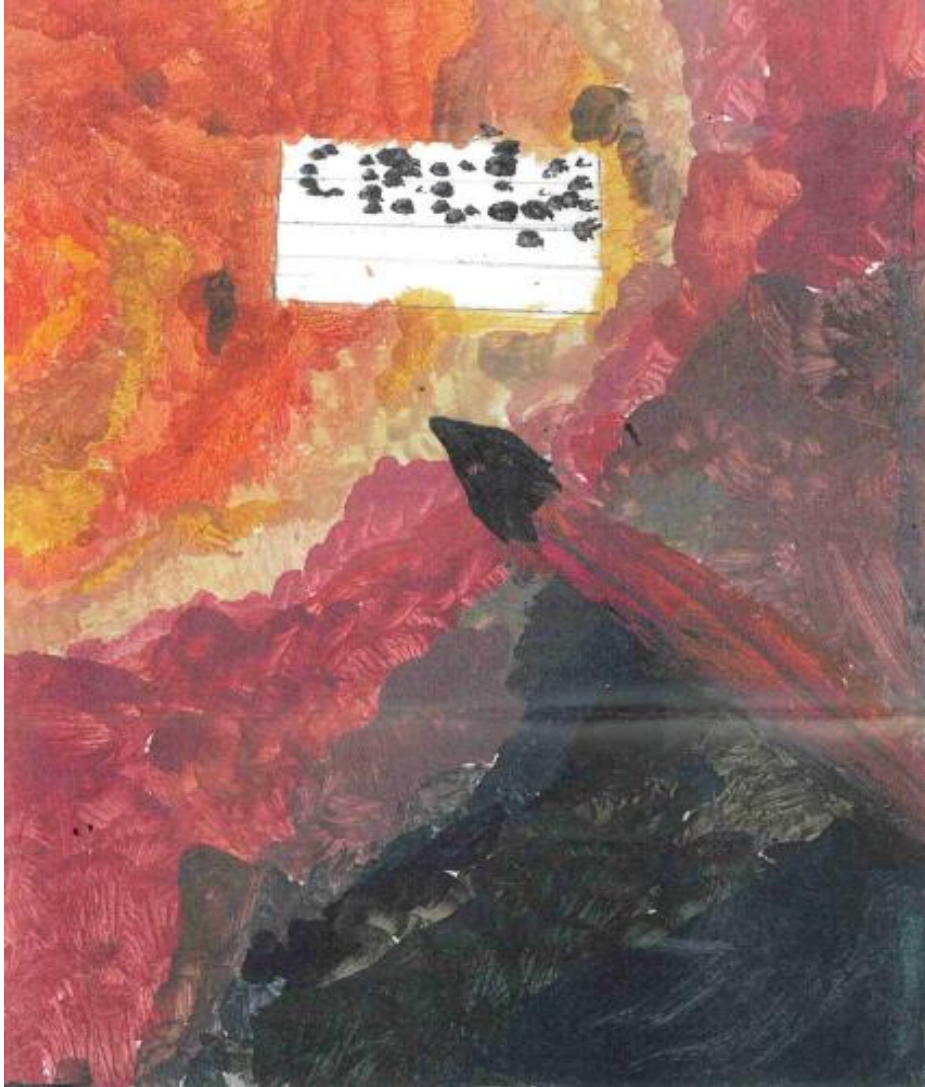
Name: Quaid

Subject: Maths

This work is EPIC because:

- 1) Used HTO to prove workings
- 2) Outstanding layout
- 3) Perfect number size

Year 4



Name: Celia

Subject: Art

This work is EPIC because:

- 1) Extra colourful
- 2) Accurate diagram
- 3) Creative and beautiful art

Year 5



Name: Robyn

Subject: Art

This work is EPIC because:

- 1) Creative ideas
- 2) Amazing range of materials
- 3) Beautiful setting

Year 6



Name: Eadie

Subject: English

This work is EPIC because:

- 1) Outstanding handwriting
- 2) Fabulous drawing
- 3) Great use of colours

Gymnastics is a very talented skill. It became a sport in 1896. Shannon Miller is a famous gymnastics. Known for her strength and flexibility. The cartwheel is named so because when the movement is performed the arms and legs move like the spokes of a turning cartwheel. Did you know that the world record for a front walkover is 61 in a minute. The front walkover results a fusion of a cartwheel handstand and a stand up. It's just a cheerleader you see since it's a tumbling skill. Tip it can be dangerous so stretch. Read on to find out how to do it.

HOW TO DO A FRONT WALK OVER

Famous gymnasts

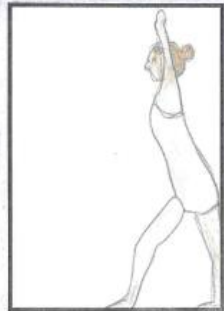
- Shannon Miller
- Simone Biles
- Aly Raisman
- Maria Morikawa

Top Tips

- Stretch
- Be careful
- Have a spot to help
- Don't give up

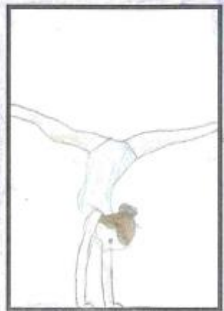
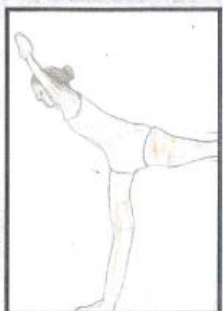
Facts

A Front walkover is an acrobatic maneuver that involves lifting a leg above the torso in a back bend position.



1. Start with your hands up straightly and high and above your head. Don't forget to put your fingers together.

2. Reach forward but stay straight. Kick your foot in the air and balance on your dominant foot.

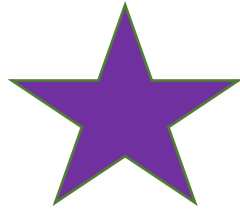


3. Reach to the floor with your arms tight and kick up to the sky. You must point your toes.

4. Kick into a handstand then plant your foot to the floor. One leg should be in the air.



5. Finally quickly stand up and place your other foot to the floor. Your toes will be pointed and your leg and back must be straight.



Well done to all our EPIC Learners

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