PE and Sports Premium Funding at Ranvilles Junior School 2019-20

In 2013 the Government introduced the PE and Sport Premium funding. Its primary purpose is to improve the quality and provision for PE in primary schools. The Government has stated that:

'Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer.

This means that you should use the premium to:

- develop (√) or add (+) to the PE and sport activities that your school already offers
- make improvements now that will benefit pupils joining the school in future years'

At Ranvilles Junior School we know that PE plays an important role in the development of our children. We appreciate that PE leads to improved fitness, health and well-being, concentration, positive attitude and academic achievement. We have linked PE to our creative curriculum and provide opportunities for children to have a clear purpose and appreciation of the significance of sport.

Due to the national lockdown in March, school was "closed" to the majority of children except Key Worker children and Year 6 children from June. This resulted in less actual spending for the year and the cancellation of multiple inter and intra-school competitions. Where possible, we provided opportunities for these in school and at home and participated in local challenges set by our School Games Organiser (SGO) as well. The carry over funding will be used to promote children's mental and physical wellbeing and ensure they are physically active for sustained periods in school to promote a healthy lifestyle.

Sports Budget Funding Allocation 2019-20	
Based on 239 pupils	£16,000 plus £10 per pupil Total: £18,390 **Overall total: £18,390** **Plus:** **£8,556**

Key Aims for 2019-20
1. Promote a healthy, active lifestyle for all children, developing their theoretical understanding as well as encouraging all children take part in regular, physical activity (a minimum of 30 minutes per day at school). 2. Continue to promote physical activity out of the school day through offering an increasing range of extracurricular clubs and promoting family involvement. 3. To continue to support teachers in their professional development in PE, ensuring teaching is always good or better. 4. Continue to provide opportunities and promote competitive physical activity and sport through personal challenge and competition, intra-school competitions and inter-school competitions. 5. Develop the role of Sports Leaders in school to promote leadership in sport. 6. To continue to provide top-up swimming to ensure children meet the National Curriculum requirements for swimming and water safety.

Breakdown of Planned Expenditure and Desired Impact		
Aim	**Budget Allocation**	**Desired Impact**
Aim 1 - Promote a healthy, active lifestyle for all children, developing their theoretical understanding as well as encouraging all children take part in regular, physical activity (a minimum of 30 minutes per day at school). • Break time and lunchtime activity offerings improved to allow more opportunity for physical activity. • Whole school values are promoted in assemblies and through PE lessons. • New PSHE curriculum promoting health, fitness and well-being • Children setting personal targets for improvements – house point rewards • Introduction of the Ranvilles Mile to promote physical activity and a healthy lifestyle.	£1,050	• The profile of PE and sports is raised further across the school as a tool for whole school improvement • Engagement of pupils in regular exercise • Children intrinsically motivated to practise, prove and perfect their skills both in PE and across the whole curriculum • Children understand the importance of leading a healthy, active lifestyle. • Children make changes to their lifestyle to take part in more physical activity. • Children understand how nutrition links to being healthy and what healthy meals look like.

Aim 2 - Continue to promote physical activity out of the school day through offering an increasing range of extracurricular clubs and promoting family involvement • Football (boys and girls) school team • Netball school team (mixed) • Tag Rugby • Athletics • Cricket • Cross Country • Basketball • Street Dance • Karate • Fitness Club • Handball • Portsmouth Football Club • Sports Hall Athletics	£1,163	• Broader experience of a range of sports and activities offered to children. • The profile of PE and Sport is raised across the school as a tool for whole-school improvement through inspiring children to strive for success. • The engagement of pupils in regular physical activity • More children choosing to take part in extra-curricular activity.
Aim 3 - To continue to support teachers in their professional development in PE, ensuring teaching is always good or better. • Specialist sports teacher employed to develop understanding of developmental skills across a range of sports. • Teachers received training in sports covered throughout children's time at Ranvilles to improve amount of physical activity during PE lessons. • Training completed for all sports at Ranvilles to ensure clear understanding of knowledge required and progression of skills. • Dance and Gymnastics lessons improved because of specialist planning and resources from PE Suite. • Resources provided to teachers to build confidence and promote a range of activities for a variety of sports.	£11,445.21	• Increase teacher knowledge of how to teach PE effectively developing skills progressively throughout the school. • Increase in teacher knowledge of the importance of regular physical activity alongside PE and how to implement in PE lessons. • The profile of PE and sport is raised across the school as a tool for whole-school improvement • Quality of teaching in PE continues to improve across all sports and year groups to ensure teaching is always good or better. • Increased confidence, knowledge and skills of all staff in teaching PE • Children make good progress in PE lessons building on previously taught skills and developing them throughout their time in school. • Children enjoy PE sessions and can articulate how their current learning is building on previous learning.
Aim 4 - Continue to provide opportunities and promote competitive physical activity and sport through: personal challenge and competition, intra-school competitions and inter-school competitions. • Continue to develop house games to provide more competitive opportunities in school • Launch of Ranvilles Mile competitions and an individual personal challenge booklet.	£3,810	• The engagement of all pupils in regular physical activity • The profile of PE and sport is raised across the school • Broader experience of a range of sports and activities offered to all pupils • Increased participation in competitive sport • More children competing in

• Provide 2 sports day opportunities for all children to compete in (House Games and Team Skill Day
• Provide 1 athletics event for elite sports people to compete in
• Attend a greater number of inter school competitions:
  • Year 3/4 Sports Hall Athletics
  • Year 5/6 Sports Hall Athletics
  • Year 5/6 Boys Football
  • Year 5/6 Netball High 5
  • Year 3/4 Tag Rugby
  • Year 5/6 Tag Rugby
  • Year 5/6 Girls Football
  • Year 3/4 Tennis
  • Year 5/6 Tennis
  • Year 5/6 Quad Kids
  • Year 3/4/5/6 Swimming Gala
  • 5/6 Football League
  • 5/6 Netball League
• Sports association fee
		events.
		• Wider variety of events attended for children to compete in.

Aim 5 - Develop the role of Sports Leaders in school to promote leadership in sport. • The profile of Sports Leaders is raised across the school to ensure all children know who they are. • Organised break time and lunchtime activities allow Sports Leaders to develop their understanding of leadership in sport. • Regular discussions to be held with Sports Leaders about how to improve PESSPA across the school and share their ideas of how to promote it. • Involve Sports Leaders in school wide events such as Sports Day, Fun Runs etc to develop organisational and leadership skills.	£0	• Increased confidence, knowledge and skills of sports leaders to lead. • More opportunities for physical activity during break and lunchtimes. • Children take responsibility for being physically active. • Children enjoy PE and look to continue sports in other contexts • Children realise the benefits of being physically active and learn from their peers.
Aim 6 - To continue to provide top-up swimming to ensure children meet the National Curriculum requirements for swimming and water safety.	£8,459	• Children meet the National Curriculum requirements of: 1. Swim competently, confidently and proficiently over a distance of at least 25 metres 2. Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] 3. Perform safe self-rescue in different water-based situations.
Total Expected Expenditure	£25,927.21	
Total Actual Expenditure	£21,067.21	

Impact and sustainability of Sports Funding 2019-20

Aim 1 - Promote a healthy, active lifestyle for all children, developing their theoretical understanding as well as encouraging all children take part in regular, physical activity (a minimum of 30 minutes per day at school).

- Profile of sport has been raised due to additional extra-curricular activities on offer and allow children more opportunities to take part.
- Teachers have been encouraged to demonstrate positive attitudes towards sport across the curriculum to positively impact on children.
- Greater emphasis on personal challenge has begun to develop a sense of personal competition in the children encouraging them to be more active and lead a healthier lifestyle.
- House Captains have led half-termly assemblies on leading, motivating and inspiring their house.
- Children excited to hear results of the House Cup each week and keen to earn points for their house on a daily basis.
- Regular updates on school Facebook/Dojo page promoting sporting events and competitions.
- Focus in each year group on an aspect of healthy living:
- Year 3 – Exercise, Health, Prevention & First Aid
- Year 4 – Diet and Teeth
- Year 5 – Effect of Smoking, Drugs and Alcohol and First Aid
- Year 6 – Healthy Lifestyles for now and the future.
- "Class Bubbles" were provided with a range of physical activity options to use within their bubble and used these throughout the Summer Term when Key Worker and Year 6 children were regularly in school. These were part of the everyday timetable.
- Throughout lockdown physical activity was regularly promoted through Joe Wicks, SGO competitions and Virtual Sports Day.

Aim 2 - Continue to promote physical activity out of the school day through offering an increasing range of extracurricular clubs and promoting family involvement.

- Children have had a wider variety of extra-curricular clubs to choose from this year:
- Boys and Girls Football
- Netball
- Karate
- Street Dance
- Gymnastics
- Cross-Country
- Athletics
- Handball
- Sports Hall Athletics
- Circuits
- Tag Rugby
- Cricket
- Athletics
- Children have had a wider variety of clubs to choose from resulting in a greater variety of children attending.

Aim 3 - To continue to support teachers in their professional development in PE, ensuring teaching is always good or better.

- Teachers have received training in Basketball, Handball and Tag Rugby prior to lockdown happening.
- Teachers follow lesson plans using resources which have been shared.
- Teachers have observed sports specialist implementing developmental skill progression teaching in lessons. They have begun to apply skills to their own PE lessons.
- **Skills and Knowledge Progression documents are being developed for each sports to provide teachers with the key aspects they need to cover in lessons.**

Aim 4 - Continue to provide opportunities and promote competitive physical activity and sport through personal challenge and competition, intra-school competitions and inter-school competitions.

- Sports Hall Athletics, Boys Football and Girls Football competitions were attended prior to lockdown. A total of 38 children had attended competitions prior to Lockdown.
- Children regularly attended Cross Country Competition on Portsdown Hill which will be developed further in the future.
- Girls and Boys football teams both progressed to further rounds of cup competitions (girls reached final).
- **An additional 8 competitions were planned to be attended throughout the school year however these were cancelled due to COVID lockdown.**
- **Post COVID lockdown inter and intra-school competitions were planned for but unable to be attended.**
- **Children participated in weekly challenges throughout the remainder of Spring and Summer Term run by the SGO.**
- **Children had the opportunity to participate in a Virtual Sports Day as part of National School Sport Week. This will be reviewed and developed to improve participation next year.**
- **The Virtual Sports Day consisted of individual events which could be completed at home or in school and family events. There were individual winners for each Year Group and an overall House Winner as well to promote the team aspect of Sports Day.**

Aim 5 - Develop the role of Sports Leaders in school to promote leadership in sport.

- Sports Leaders and House Captains have continued to run break and lunchtime activities.
- Sports Leaders have supported teachers in setting up and preparing equipment for PE lessons.
- New equipment purchased and training provided for Sports Leaders.
- Provided more opportunity for children to lead activities and develop their leadership skills.
- **Due to COVID restrictions, it was not possible to develop the Sports Leaders as much as intended with a greater focus on them due in the Summer Term.**

Aim 6 - To continue to provide top-up swimming to ensure children meet the National Curriculum requirements for swimming and water safety.

- Swimming in Year 3 has provided early sessions for children to build water confidence and early physical literacy skills required for swimming.
- Water safety taught in Year 4 PSHE lessons consisting of risk assessment unit.
- Self-rescue techniques taught in swimming lessons to promote water safety.
- Only part of Year 5 cohort completed National Curriculum requirements due to COVID.
- Year 4 programme completed ready for Year 5 National Curriculum teaching.
- Year 3 swimming assessment took place but lessons were cancelled due to COVID.

Meeting National Curriculum Requirements for Swimming and Water Safety 2019-20	
Percentage of children in current year 6 cohort who can swim competently, confidently and proficiently over a distance of at least 25 metres	88%
Percentage of children in current year 6 cohort who can use a range of strokes effectively (for example, front crawl, backstroke and breaststroke)	88%
Percentage of children in current year 6 cohort who can perform safe self-rescue in different water-based situations	88%

Key Actions for 2020-21
1. To ensure all children are physically active for a minimum of 30 minutes each school day through active lessons, break and lunch times. 2. To improve the activity levels of inactive children and develop their attitude positively towards physical activity through developing confidence. 3. To further increase extra-curricular opportunities for children within school and by establishing links with local sports clubs and providers. 4. Promote the focus on personal challenge, intra and inter-school competitions to increase competition. 5. Promote a healthy, active lifestyle for all children ensuring all children take part in regular, physical activity both in school and at home and improve active travel to school. 6. Establish a school sport council and develop the role of Sports Leaders in school and Ranvilles Infant School to promote leadership in sport.