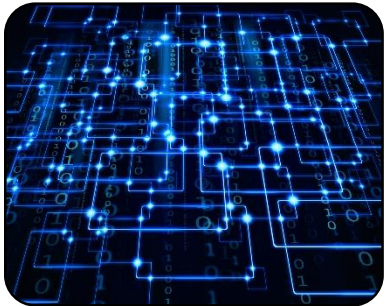


We are...Body Smart!



PSHE



Computing



RE



DT



PE



Science



French

Explore and Debate:

Healthy Living

Why is self-acceptance and positive body image critical for individual and collaborative growth?

Project Outcomes:



This project extends the children’s learning about the importance of healthy living and looking after their bodies. The children combine their learning in science, design and technology, physical education and PSHE to discover how to keep their bodies healthy. They consider and evaluate the positive and negative impacts on their body and mind, learning to appreciate who they are and develop a deep understanding of what it means to live a healthy lifestyle.

Spiritual Outcomes:	<ul style="list-style-type: none">• We value our health and learn to respect our bodies through how we treat them.• We enjoy learning about how to keep our bodies healthy.• We value who we are and are developing a positive self-image.
Moral Outcomes:	<ul style="list-style-type: none">• We are able to explain what is right and wrong for ensuring our bodies are healthy.• We are able to explain the consequences of how we treat our body.
Social Outcomes:	<ul style="list-style-type: none">• We work together to showcase our response to the question ‘Why is self-acceptance and positive body image critical for individual and collaborative growth?’• We consider the impact our behaviour can have on other people.
Cultural Outcomes:	<ul style="list-style-type: none">• We value the concept of remembering both in our own lives and those with specific faiths.