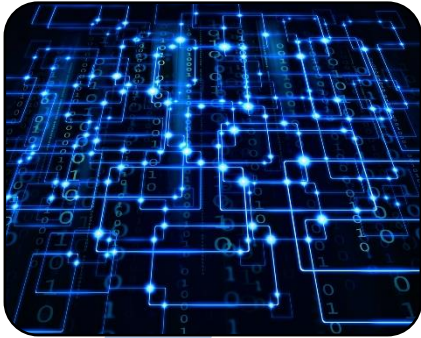


# Bones and Body Bits!



DT



Computing



PSHE



RE



Science



PE

Explore and Debate:

Self Care

How and why do we look after our bodies/selves physically, mentally, spiritually and emotionally?

## Project Outcomes:



**In this shorter project, the children learn about the elements of keeping their body healthy and the responsibility they can take for this. They look at not only the physical ways they can keep themselves healthy, but also use knowledge gained from their previous PSHE unit to develop ways they can also look after themselves emotionally, mentally and spiritually. Children begin to gain an understanding of why all four elements are important.**

Spiritual Outcomes:	<ul style="list-style-type: none"><li>• We are curious about and enjoy learning about our bodies and how to lead healthy lifestyles.</li><li>• We are beginning to understand the concept of mental, spiritual and emotional well-being.</li></ul>
Moral Outcomes:	<ul style="list-style-type: none"><li>• We are beginning to make responsible choices about how to keep our bodies healthy.</li></ul>
Social Outcomes:	<ul style="list-style-type: none"><li>• We recognise that time spent participating in groups can help our mental health.</li><li>• We develop our understanding of the impact we can have on someone else through our words and actions.</li></ul>
Cultural Outcomes:	<ul style="list-style-type: none"><li>• We aim to develop a healthy lifestyle and enjoy participating in activities that help to keep us healthy.</li><li>• We explore the concept of suffering and the value of Jesus' suffering at Easter to Christians.</li></ul>